

## Relationships and Sex Education (RSE) Policy

### 1. Policy Statement and Context:

This Relationships and Sex Education (RSE) Policy sets out how EE School meets its statutory duties in relation to RSE, in line with:

- The **Department for Education (DfE) Relationships Education, Relationships and Sex Education and Health Education (England) Regulations 2019**
- The **DfE statutory guidance (most recently updated 2024/25)**
- The **Independent School Standards (ISS)**, particularly Parts 1, 2, 3 and 5
- Ofsted's **Education Inspection Framework (EIF)**, with a focus on curriculum quality, safeguarding, inclusion and pupil wellbeing

This policy should be read alongside the PSHCE/RSE Curriculum Policy, Safeguarding and Child Protection Policy, Behaviour Policy, Equality Policy, SEND Policy, and Online Safety Policy.

RSE at EE School is delivered as part of a **planned, progressive PSHCE curriculum** from Year 7 to Year 11, fully aligned to the curriculum plan currently in place. It reflects our ethos, values, and commitment to preparing pupils for life in modern Britain.

### 2. Aims of Relationships and Sex Education:

At EE School, RSE aims to ensure that all pupils:

- Develop the knowledge, skills and values to form **healthy, respectful and safe relationships**
- Understand **physical, emotional and sexual development** in an age-appropriate way
- Are equipped to make **informed, responsible and lawful choices**
- Know how to **recognise risk, abuse and exploitation**, and how to seek help
- Understand the **importance of consent**, equality, dignity and mutual respect
- Are prepared for the **opportunities, responsibilities and challenges of adult life**

RSE supports pupils' personal development, behaviour and welfare, and actively promotes British values, equality and safeguarding.

### 3. Statutory and Regulatory Compliance:

EE School meets the expected standards by:

- Teaching **Relationships Education, Sex Education and Health Education** in line with statutory guidance
- Ensuring teaching is **accurate, evidence-based, inclusive and age-appropriate**
- Meeting **Independent School Standards** by:
  - Providing a broad and balanced curriculum (ISS Part 1)

- o Actively promoting pupils' wellbeing and safeguarding (ISS Part 2 & 3)
- o Ensuring staff suitability and safe recruitment (ISS Part 4)
- o Maintaining effective policies and engagement with parents (ISS Part 5)

Sex education content beyond the statutory minimum is taught **sensitively and responsibly**, reflecting the needs of pupils and the school community.

#### **4. Intent, Implementation and Impact:**

The table below outlines the school's Intent, Implementation and Impact for RSE.

<b>Intent</b>	<b>Implementation</b>	<b>Impact</b>
To provide a progressive, inclusive RSE curriculum that equips pupils with the knowledge, skills and values needed to build healthy relationships, stay safe, and make informed choices throughout adolescence and into adulthood.	RSE is delivered through a carefully sequenced PSHCE curriculum from Years 7-11, aligned to statutory guidance. Teaching is planned, timetabled and resourced, using trained staff, clear ground rules, safeguarding protocols, distancing techniques and age-appropriate materials. External agencies are used selectively to enhance provision.	Pupils demonstrate strong understanding of healthy and unhealthy relationships, consent, sexual health and personal safety. They show respectful attitudes, increased confidence to seek help, and readiness for adult relationships. Pupil voice, work scrutiny and safeguarding data evidence positive outcomes.
To reflect EE School's values by promoting respect, equality, dignity and responsibility in all relationships.	Lessons explicitly address equality, protected characteristics, stereotypes, discrimination, online behaviour and British values. Content is inclusive of different family structures, faiths, cultures and identities.	Pupils show respectful behaviour, tolerance of difference, and understanding of equality and human rights, contributing positively to school culture and wider society.
To safeguard pupils by ensuring they understand risk, abuse, consent and how to access support.	RSE is underpinned by a strong safeguarding culture. Staff are trained to recognise disclosures, follow safeguarding procedures and work closely with the DSL. Topics such as consent, exploitation, online harm, FGM, forced marriage and domestic abuse are taught explicitly.	Pupils can identify unsafe situations, understand their rights, and know how to report concerns. Increased confidence in seeking support is evident through safeguarding records and pupil feedback.
To ensure pupils are prepared for sexual health, fertility, and reproductive choices in	Statutory sex education is taught in KS4 using medically and legally accurate information. Pupils learn about contraception, STIs,	Pupils leave school with accurate knowledge, realistic expectations and the ability to access appropriate health

a factual, non-judgemental manner.	pregnancy choices and sexual health services.	services, supporting long-term wellbeing.
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## 5. Curriculum Organisation and Content:

RSE is delivered as part of the PSHCE curriculum:

- **Key Stage 3:** Focus on friendships, families, puberty, consent, online safety, healthy relationships and respect
- **Key Stage 4:** Focus on intimate relationships, sexual health, consent, the law, exploitation, reproductive health, and preparation for adulthood

The curriculum is **spiral and developmental**, revisiting key concepts at increasing levels of depth, as set out in the PSHCE/RSE Curriculum Plan.

## 6. Inclusion and SEND:

RSE is inclusive and accessible to all pupils. Teaching is adapted to meet individual needs, including those with SEND, through:

- Pre-teaching of key concepts
- Dual coding and visual supports
- Clear sequencing and chunking of content
- Knowledge organisers and retrieval practice
- Sensitive use of language and concrete examples

All pupils are supported to engage meaningfully and safely with RSE.

## 7. Safeguarding and Confidentiality:

RSE is delivered within a clear safeguarding framework:

- Ground rules are established in all lessons
- Pupils are informed that confidentiality cannot be guaranteed where safeguarding concerns arise
- Staff follow the school's Child Protection and Safeguarding Policy at all times
- Close liaison with the DSL ensures timely support and intervention

## 8. Working with Parents and the Right to Withdraw:

EE School recognises parents as key partners in RSE.

- This policy is available to parents
- Parents are informed about curriculum content
- Parents have the right to withdraw their child from **non-statutory sex education** up to three terms before the pupil turns 16, in line with DfE guidance
- There is no right to withdraw from Relationships or Health Education

The school will work constructively with parents to address concerns while upholding statutory duties.

#### **9. Staff Training and Quality Assurance:**

- RSE is delivered by trained, supported staff (SLT only to begin) with capacity and succession planning in place to ensure sustainability.
- Ongoing CPD ensures staff confidence, subject knowledge and safeguarding awareness.
- Curriculum quality is monitored through lesson observations, work scrutiny, pupil voice and outcomes.

#### **10. Monitoring, Review and Impact Evaluation:**

The effectiveness of this policy is evaluated through:

- Curriculum review and sequencing checks
- Pupil outcomes and engagement
- Safeguarding and behaviour data
- Feedback from pupils, staff and parents

This policy will be reviewed annually, or sooner if statutory guidance changes.